



Menu

Vikan 2.- 6. Dec 2024

<i>Monday</i>	<p>Vegan course: Pumpkin and lentil stew (M) (V) (G) Meat/fish of the day: Beef Gulash, mashed potatoes, sour cream (G) Soup of the day: French vegetable soup (M) (V) (G)</p> <p><i>Fresh and healthy salad bar – Rosemarybread, fresh out of the oven</i></p>
<i>Tuesday</i>	<p>Vegan course: Grilled teriaki marinated tofu, rice, garlic mayo (M) (V) Meat/fish of the day: Orange-cumin chicken, potato wedges, chipotle mayo (M) Soup of the day: Brokkolí lemon gras soup (M) (V) (G)</p> <p><i>Fresh and healthy salad bar- Jalepeno cheddar bread, fresh out of the oven</i></p>
<i>Wednesday</i>	<p>Vegan course: Nutsteak, potatos, red cabbage, green beans, clementine mayo Meat/fish of the day: Smoked lamb, potatos in bechamel, red cabbage, green beans Soup of the day: Asparagus soup</p> <p><i>Fresh and healthy salad bar – Whole grain bread, fresh out of the oven</i></p>
<i>Thursday</i>	<p>Vegan course: Cauliflower pattie, quinoa and chili sauce (M) (V) (G) Meat/fish of the day: Coconut crusted cod, rosemary potatoes, chilli sauce (M) Soup of the day: Meat soup (G)</p> <p><i>Fresh and healthy salad bar – Thyme bread, fresh out of the oven</i></p>
<i>Friday</i>	<p>Vegan course: Vegan schnitzel, tómatbasil sauce, rice (M) (V) Meat/fish of the day: Tuscan chicken, rice Soup of the day: Celleriac soup (M) (V) (G)</p> <p><i>Fresh and healthy salad bar – Fivegrain bread, fresh out of the oven</i></p>

Mjólkurlaus = (M) Vegan = (V) Gluten free = (G)